

New Approaches to Personalizing Treatment of Insomnia: Why? and How?

Monday, 9 October 2017
12:30 – 14:00

Satellite Symposium
Sponsored by MSD

Conference Center
Meeting Hall IV
Prague, Czech Republic

Chair: Charles Morin

CHAIR

Charles Morin, PhD

Full Professor, Department of Psychology
Laval University
Director, Centre d'étude des troubles du sommeil
Canada Research Chair in Sleeping Disorders
Quebec City, Canada

FACULTY

Andrew Krystal, MD

Professor of Psychiatry
UCSF Department of Psychiatry
Executive Vice Chair for the Langley Porter Psychiatric Institute (LPPI)
San Francisco, California, USA

Thomas Roth, PhD

Chief, Division Head
Sleep Disorders and Research Center
Henry Ford Hospital
Detroit, Michigan, USA

AGENDA

12:30 – 12:40	Welcome and Introduction	Charles Morin
12:40 – 13:00	Health Consequences of Insomnia: Cognition, Mood, and Medical Impact	Charles Morin
13:00 – 13:20	Personalization of Insomnia Therapy: Matching Treatment Mechanisms With Patient Needs	Andrew Krystal
13:20 – 13:40	Orexin Receptor Antagonists in the Management of Insomnia – Mechanisms and Clinical Implications	Thomas Roth
13:40 – 14:00	Closing Remarks and Q&A	Charles Morin