

September 5-10 2025 WORLD SLEEP — Singapore —



Pediatrics at World Sleep 2025

Over 29 hours of content in pediatric sleep is scheduled at World Sleep 2025 in Singapore.

Find an overview of pediatric sessions below. All session details – including speakers and presentation titles – are available now in the online schedule at worldsleepcongress.com/program.

Registration

All symposia and keynotes can be accessed with a World Sleep congress registration.



Each course requires a separate ticket.

Register and purchase tickets at worldsleepcongress.com.

Scan or click



Session	Day/Time	Title	
Course	Saturday, Sept 6 8am – 12pm	C-06: Pediatric sleep medicine	See session details Ticket required
Course	Saturday, Sept 6 1pm – 5pm	C-09: Adolescent sleep medicine	See session details Ticket required
Symposium	Monday, Sept 8 9am – 10:30am	The Global Adolescent Sleep Project (GASP): A summary of the findings, research gaps and future directions	See session details
Symposium	Monday, Sept 8 10:45am – 12:15pm	45 years on from CPAP: Therapeutic options for pediatric OSA	See session details
Keynote	Monday, Sept 8 2:15pm – 3pm	Tiina Paunio: Sleep and development: Exploring the impact of sleep on mental health in children	See session details
Symposium	Monday, Sept 8 3:15pm – 4:45pm	Novel approaches to address sleep problems in young children: Evidence from 5 randomized controlled trials	See session details
Symposium	Monday, Sept 8 5pm – 6:30pm	Sleep and digital media myth-busting: What should the recommended guidelines be for children, adolescents and young adults?	See session details
Symposium	Tuesday, Sept 9 9am – 10:30am	The role of autovideosomnography in research: How AI and big data are transforming pediatric sleep and development research	See session details
Symposium	Tuesday, Sept 9 10:45am – 12:15pm	Advancing the definition and management of childhood obstructive sleep apnea	See session details

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Session	Day/Time	Title	
Symposium	Tuesday, Sept 9 3:15pm – 4:45pm	Adolescent sleep and mental health: From challenge to solutions	See session details
Symposium	Tuesday, Sept 9 3:15pm – 4:45pm	Harmonizing pediatric sleep: Navigating the complexities and diversities in managing sleep-related breathing disorders across borders	See session details
Symposium	Wednesday, Sept 10 9am – 10:30am	Can OSA in adults be prevented by interventions in children?	See session details
Symposium	Wednesday, Sept 10 10:45am – 12:15pm	AI approaches in pediatric sleep: Unraveling developmental sleep issues	See session details
Symposium	Wednesday, Sept 10 12:30pm – 2pm	Promoting infant sleep in different cultures: Lessons from developing, adapting and evaluating innovative sleep interventions for infants in various cultures	See session details
Symposium	Wednesday, Sept 10 3:15pm – 4:45pm	Examining sleep contributions to pathways from stress to affective psychopathology in children and youth	See session details
Symposium	Wednesday, Sept 10 5pm – 6:30pm	Children's sleep in context: The role of social, economic, and educational policy and practice in early sleep development	See session details
Symposium	Wednesday, Sept 10 5pm – 6:30pm	The molecular link between sleep and neurodevelopment	See session details